

*FORT HUDSON HEALTH SYSTEM
FAMILY VISITATION PROGRAM GUIDELINES*

WELCOME BACK TO FORT HUDSON

What are the Visiting Hours?

Due to screening and monitoring requirements, facility entry for visitation is only allowed when personnel are available for screening. Currently (subject to change) the hours of ENTRY for visitation are:

- **10:15 a.m. – 5 p.m. (7 days per week) – BY APPOINTMENT ONLY**
- **6:15 p.m. – 7:30 p.m. (Tuesdays)**

All visitors must enter through the front entrance for screening. All other entrances remain locked.

Is Physical Contact with Residents Allowed?

Visitors may have close physical contact (hug, hand hold, etc.) ONLY WHEN

- Resident is fully vaccinated (at least 2 weeks after vaccination series completed)
- Resident and visitor are masked
- Hand hygiene is performed before and after contact

What are the COVID Guidelines for Visitation?

- **Visitor vaccination and testing is strongly encouraged but not required for entry**
- Screening is required prior to entry
- **Wear a mask at all times covering nose and mouth – without exception**
- Follow the direction of the staff
- No more than 2 visitors at a time per resident (<16 must be accompanied by an adult)
- Sanitize hands before and after each visit
- Sanitize any ‘touch points’ at the end of your visit
- Visitation in shared space areas should be limited to 30 minutes
- Maintain 6 feet of social distance
- Visit outdoors whenever possible (visitor may transport resident)
- Visitation is discouraged in semi-private rooms unless no alternative space (common area) is available. If visiting in a semi-private room, 6 feet of distance must be maintained, with the privacy curtain pulled.
- Walk directly to resident room or visiting area; do not enter any other part of the building
- Avoid contact with staff and other residents at all times
- Access to dining areas during mealtimes or resident group activities are strictly prohibited

Sorry, but visitation is NOT allowed if the resident is on isolation; including precautionary isolation such as following exposure or a new admission. In the event any resident or staff test positive, visitation will be put on hold pending additional testing.

We are THRILLED to be allowed visitation again! Below are KEY POINTS to visitation program success. Our visitation program team is comprised of staff, and fellow family and friends of Fort Hudson. They are volunteering their time to make sure visitation can happen... please always exercise patience. (They do not create the guidelines but do have to monitor compliance)

- Please do NOT bring food or drink to be consumed during the visit. State guidelines require that **Resident and Visitor remain masked for the entire visit.**
- Please do NOT return a resident back to a SEMI-PRIVATE room. Staff will assist to get residents back after your visit. Just let staff know when your visit is done.
- Only 2 visitors are allowed per visit AT ANY TIME, regardless of the location of the visit (indoors or outside)
- Visits should NOT exceed 30 minutes
- At any given time, the facility can have a positive staff or resident case. In the event this happens, we will cease any visits happening within the building at that time. We ask for your understanding, as this is a State/Federal policy- NOT a Fort Hudson policy. The only visitors that could remain in the building at that time would be “compassionate care” visitors.
- Pets are allowed only if they will not disrupt the visit for other families. Upon a first visit with a pet, you must present to reception, up to date vaccination records. The visit will cease if the pet presence becomes disruptive.
- The facility visitation areas have limited capacity (think like a restaurant with limited number of tables). If you are out walking for your visit – please do not pop into a visitation space if you see someone starting to wrap up. That spot may be assigned to the next family in the line-up. If you give the team time to inventory available visitation areas, we typically can find a visitor who is about to leave so you can be accommodated.
- If your loved one is on isolation (for any reason) – unless you are granted compassionate care clearance – visitation is PROHIBITED
- The visitation program takes MANY HANDS! Want to help? Email csimpson@forthudson.com to learn more!